

Where Every Journey Tells a Story

10 days, From Kathmandu to Kathmandu, price

Tour overview

DISCOVER THE EXPERIENCE

Nepal, a land of towering Himalayas and rich cultural heritage, offers an unforgettable blend of breathtaking landscapes and authentic experiences. Explore the vibrant streets and historic landmarks of Kathmandu, experience the peaceful atmosphere of a Buddhist monastery, and admire spectacular views of the Annapurna range from the beautiful lakeside city of Pokhara. Continue your journey to Chitwan National Park, one of Nepal's most renowned wildlife destinations, where you can encounter rhinos, elephants, crocodiles, diverse birdlife, and, with luck, the elusive Bengal tiger.

TOUR HIGHLIGHTS

WHERE JOURNEYS BECOME STORIES

included on day 03 programme.

Stories from the Himalayas (photo)

Discover the timeless stories of Himalayan communities, where ancient traditions, unique settlements, traditional homes, and mountain lifestyles continue to shape the rich cultural heritage of Nepal.

Overnight at a Buddhist Monastery(photo)

Experience the peace of a Buddhist monastery, stay in a traditional guesthouse, and witness the monks' daily chanting rituals while discovering their simple and spiritual way of life.

Swayambhunath Temple Visit(photo)

Explore the iconic hilltop stupa of Swayambhunath, a sacred landmark offering a beautiful blend of Buddhist heritage, ancient history, and panoramic views of Kathmandu Valley.

Sunrise at Sarangkot(photo)

Wake before dawn to witness a spectacular sunrise over the Himalayas, with breathtaking panoramic views from Sarangkot's scenic hilltop.

Tibetan Refugee Settlement(photo)

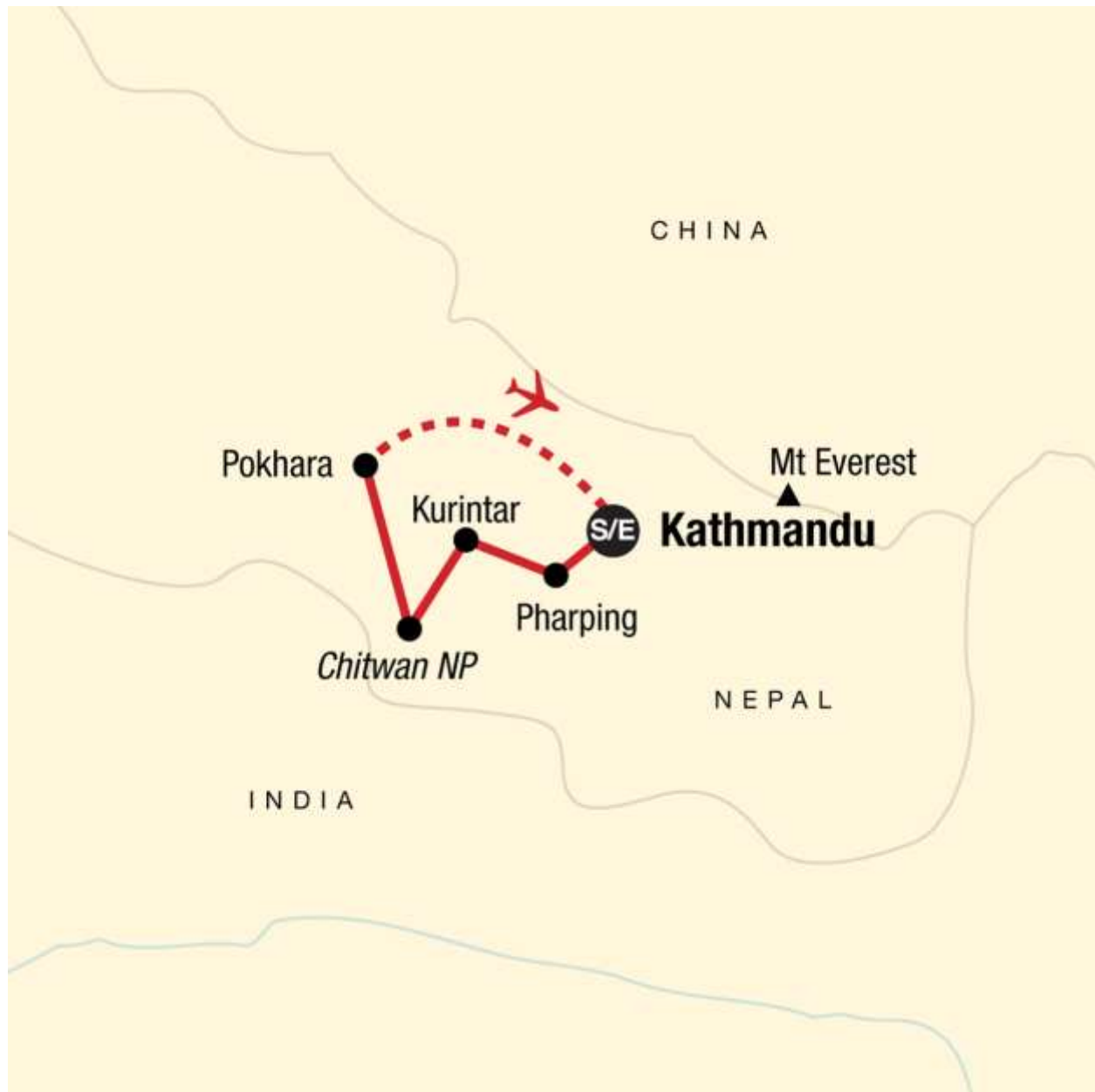
Visit Tashiling Tibetan Refugee Camp to experience its rich culture, learn about the community's heritage, and connect with its warm and welcoming people.

What's included

- Accommodation Hotels – 8 nts,
- monastery guesthouse – 1 nt.
- Meals Included breakfasts, 5 lunches, 4 dinners
- Transport Private bus, plane, boat, walking, 4x4.
- Your Journeys Highlight Moment: Nepalese Welcome Experience at Kathmandu
- Your Journeys Highlight Moment: Stories from the Himalayas, Kathmandu
- Your Journeys Highlight Moment: Overnight at a Buddhist Monastery, Pharping
- Your Journeys Highlight Moment: Neydo Monastery Sunrise Chant, Pharping
- Your Journeys Highlight Moment: Chitwan Tiger Experience, Royal Chitwan National Park
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group. Arrival transfer.
- Sound bath wellness experience and six-course vegetarian Nepalese dinner.
- Visit Boudhanath Stupa and the Royal City of Bhaktapur.
- Visit Swayambhunath. Chitwan National Park including a village walking tour and jeep safari.
- Hike to the World Peace Pagoda.
- All transport between destinations and to/from included activities

10 days, Kathmandu to Kathmandu

YOUR NEPAL EXPERIENCE, DAY BY DAY



itinerary

Day 1: Kathmandu

Day overview

Arrive any time. Arrival transfer is included. Enjoy a relaxing wellness experience with a sound bath demonstration followed by a six-course vegetarian welcome feast tonight, savouring the diverse flavours of Nepali thali.

Meals included

dinner

Today's activities

Private Vehicle

Tribhuvan International Airport - Kathmandu, 30 minutes

Settle in and scan the scenery from the convenience of a private vehicle.

Your Journeys Highlight Moment

Nepalese Welcome Experience at Nepali thali restaurant

Enjoy a peaceful mind-and-body wellness session at wellness center and Nepali thali in Kathmandu, where the soothing sounds of traditional brass singing bowls create a deeply relaxing and meditative atmosphere. This ancient sound-based practice is designed to ease stress, restore balance, and help refresh you after your journey to Nepal.

Your Welcome Moment

Welcome Moment - Meet Your Tour Leader and Group

Your opportunity to meet your Tour Leader and fellow travellers, and learn more about your tour. opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Accommodation

Hotel lo mustang (or similar)

Day2: Kathmandu

Day Overview

Discover the cultural heart of Kathmandu with visits to the sacred Boudhanath Stupa and the historic city of Bhaktapur. Admire ancient temples, intricate woodcarvings, traditional pagodas, and magnificent palaces that reflect Nepal's rich heritage.

Meals included

breakfast | lunch

Today's activities

Private Vehicle

Kathmandu - Kathmandu

Settle in and enjoy the scenic views from the comfort of your private vehicle.

Boudhanath Stupa Visit

Visit the magnificent Boudhanath Stupa, a UNESCO World Heritage Site and one of the world's largest Buddhist stupas. Experience its peaceful atmosphere, prayer rituals, and surrounding monasteries where monks continue centuries-old traditions.

Bhaktapur Excursion

Explore Bhaktapur, the historic **City of Devotees**, filled with ancient temples, pagodas, palaces, and exquisite woodcarvings. Wander through lively local markets, shop for traditional crafts, and taste the city's famous homemade **Juju Dhau** (king yogurt).

Accommodation

Hotel lo mustang (or similar)

1 optional activities

Everest Flight: 1 hr.

Soar above the Himalayas on an unforgettable mountain flight, offering spectacular views of Mount Everest and the surrounding peaks—all without the need for trekking or climbing.

Day 3: Kathmandu / Pharping

Day overview

Himalayan Culture & Monastery Experience

Visit the sacred Swayambhunath Temple, discover efforts to preserve Upper Mustang's traditional weaving heritage, and continue to peaceful Pharping. Stay at a monastery guesthouse, experience Buddhist prayers and chanting, and learn to prepare and enjoy authentic Nepali momos with the local community

Meals included

breakfast | lunch

Today's activities

Swayambhunath Temple Visit

Explore Swayambhunath, Kathmandu's ancient hilltop Buddhist sanctuary, famed for its iconic Buddha eyes, colorful prayer flags, and playful monkeys. Enjoy a peaceful cultural experience while taking in beautiful views across the valley.

Private Vehicle

Kathmandu - Pharping, 1 hours

Settle in and scan the scenery from the convenience of a private vehicle.

Your Journeys Highlight Moment

Overnight at a Buddhist Monastery

Stay in a peaceful monastery guesthouse and experience the simple rhythm of monastic life. Share tea with the monks, witness morning prayers, and enjoy a beautiful Himalayan sunrise while supporting the monastery community.

Accommodation

Neydo Monastery Hotel (or similar)

Day 4: Pharping / Kurintar

Day overview

Rise with the monks' morning chants and enjoy a beautiful sunrise before driving to riverside Kurintar. Hike to your forested hilltop lodge overlooking the Trishuli River, with time to relax or explore nearby villages.

Meals included

breakfast | dinner

Today's activities

Your Journeys Highlight Moment

Monastery Sunrise Chant

Rise before sunrise and enter the main hall of the Monastery to listen to the monks practicing their chanting. After, we enjoy the sunrise over the Valley from the Monastery roof.

Private Vehicle

Pharping - Kurintar, 3 hours and 30 minutes

Settle in and scan the scenery from the convenience of a private vehicle.

Walking

Kurintar - Kurintar, 30 minutes

Set off on foot and embrace the journey ahead.

Accommodation

04 star hotel

Day 5: Kurintar / Royal Chitwan National Park

Day Overview

Journey to Chitwan National Park, a UNESCO World Heritage Site renowned for its rich wildlife and lush landscapes. Settle into your riverside lodge before an afternoon boat safari along the Rapti River, with chances to spot crocodiles, waterbirds, and other wildlife.

Meals included

breakfast | lunch | dinner

Today's activities

Walking

Kurintar - Kurintar, 30 minutes

Set off on foot and embrace the journey ahead.

Private Vehicle

Kurintar - Royal Chitwan National Park, 2 hours and 30 minutes

Settle in and scan the scenery from the convenience of a private vehicle.

Chitwan Area Boat Excursion

Embark in traditional patela boats on a silent trip down the Rapti River, which borders the National Park to view aquatic birds, crocodiles, gharials, and the animals along the river banks.

Accommodation

04-star Hotel

The specifics and order of activities may change, depending on the season and local conditions. Your Tour Leader will confirm the exact activities and timing with the naturalists upon arrival at the lodge.

Day 6: Royal Chitwan National Park

Day Overview

Discover Chitwan's wild heart through a thrilling jeep safari, seeking rhinos, elephants, leopards, and the elusive Bengal tiger. Meet a local tiger conservation expert, visit a Tharu village, and enjoy an authentic cultural dance performance in the evening.

Meals included

breakfast | lunch | dinner

Today's activities

Jeep Safari

Venture through Chitwan's grasslands and dense Sal forests, crossing rivers in search of rhinos, deer, and other wildlife. Spot sunbathing gharials along the Narayani River and enjoy panoramic views from a traditional jungle watchtower.

Chitwan Village Visit

Enjoy a visit to the farming Village bordering the National Park. Learn about the social and cultural aspects of the village people, what they farm, and see how they live day-to-day.

Your journey highlights moment

Chitwan Tiger Experience

Meet a local tiger conservation expert and discover how tigers are tracked, protected, and monitored in Chitwan. Join a guided safari to learn about conservation efforts and, with luck, catch a glimpse of this elusive predator.

Accommodation

04-star hotel

Day 7: Royal Chitwan National Park / Pokhara

Day overview

Drive to Pokhara, an enchanting town set on the shores of turquoise-hued Phewa Lake against a backdrop of snowcapped Himalayan peaks. Enjoy a guided walk around the city, and opt to have dinner at a popular local restaurant.

Meals included

breakfast

Today's activities

Private Vehicle

Royal Chitwan National Park - Pokhara, 8 hours

Settle in and scan the scenery from the convenience of a private vehicle.

Pokhara Orientation Walk

Take a refreshing stroll through Pokhara, enjoying crisp mountain air, serene Phewa Lake, and spectacular Himalayan views while discovering the charm of this lakeside city.

Accommodation

04-star hotel at Pokhara

Day 8: Pokhara

Day overview

Sarangkot, Peace Pagoda & Tibetan Heritage

Begin with a spectacular Himalayan sunrise from Sarangkot, followed by a peaceful walk to the iconic World Peace Pagoda. Discover Tibetan heritage at a local refugee settlement and enjoy a traditional lunch, with free time to relax or cruise across serene Phewa Lake.

Meals included

breakfast | lunch

Today's activities

Sunrise at Sarangkot

Rise early and experience a spectacular sunrise with a panoramic view of the surrounding Himalayas. The highest altitude on this trek is at 1600 meters.

World Peace Pagoda Excursion

Walk up to the World Peace Pagoda, which was constructed by Buddhist monks. Enjoy the structure and the beautiful view around it.

Tibetan Refugee Settlement

Visit Tashiling Tibetan Refugee Settlement, explore its heritage through a local photo gallery, and connect with the welcoming community. Enjoy a traditional momo lunch while supporting local livelihoods and preserving Tibetan culture.

Accommodation

4-star hotel at Pokhara

Day 9: Pokhara / Kathmandu

Day overview

Catch a flight back to the capital, Kathmandu. Enjoy time to shop in the bustling Thamel district, or choose to visit Pashupatinath Temple, the most sacred Hindu temple complex in Nepal.

Meals included

breakfast

Today's activities

Plane

Pokhara - Kathmandu, 1 hours

Look to the skies and take flight above the Himalayas, where breathtaking mountain views turn a simple journey into an unforgettable aerial experience.

Free time

Take some time to explore on your own or do some last-minute shopping.

Accommodation

hotel lo mustang or similar

1 optional activity

Pashupatinath Ghats and Temple

Visit Pashupatinath, one of the most sacred Hindu temple complexes in Nepal. Located on the banks of the Bagmati River, this is the final stop for many Hindus, who's families bring them here to set funeral pyres on the ghats to cremate their loved ones. Respectful viewing from across the river is culturally acceptable, you also will see sadhus (Hindu holy men) and pilgrims perform bathing rituals. Please note the inclusion of a taxi cost extra.

Day 10: Kathmandu

Day overview

Depart at any time.

Meals included

breakfast

Today's activities**Departure Day**

Not ready to leave? Your tour Leader can help with travel arrangements to extend your adventure.